# Design, Development and Characterization of Verapamil Hydrochloride Pulsincap: In Vitro and In Vivo

# K. Kranthi Kumar<sup>1</sup>, Suriyakala Perumal Chandran<sup>2</sup>, Kalpana Nagpal<sup>3</sup>

<sup>1</sup>School of Pharmacy, Lincoln University College, Selangor, Malaysia, <sup>2</sup>Biochemistry and Genetics Unit, Faculty of Medicine, Lincoln University College, Selangor, Malaysia, <sup>3</sup>Department of Pharmaceutics, Amity University Noida India, Faculty of Health and Allied Sciences, Noida, Uttar Pradesh, India

#### **Abstract**

Introduction: In this present study, design and development, of pulsatile capsule for the timed release of verapamil hydrochloride (HCl), utilizing the pulsincap method for irregular heartbeats. **Materials and Methods:** Using hydroxy propyl methyl cellulose (HPMC), E15 sugar spheres were sealed. The verapamil HCl was sprayed on sugar spheres using Fluidized Bed (bottom spray) technology. By using FBP HPMC E15 and polymeric solution of cross-Carmellose Sodium also coated a layer on sugar spheres. The formaldehyde-treated 0-sized capsules filled with coated pellets and sealed with 1:1 of HPMC K4 and lactose as a plug. **Results and Discussion:** The Eudragit L100 was used to release the drug in an extended release. The *in vitro* drug release was conducted using pH 7.4 phosphate buffer for 17 h with the cumulative percentage release from 99.827%. The formulation V7, which demonstrated 99.827% drug release at 17 h with a 5-h lag time, was identified as the optimized formulation. The *in vivo* Pharmacokinetic and dynamic studies were conducted in the rabbit model and estimated. The  $C_{max}$ 54.62  $\pm$  0.42 ng/mL,  $t_{1/2}$ 8.54  $\pm$  0.013 h, and  $AUC_{0-a}$ 944.8  $\pm$  2.07 ng/mL. It was observed that there is a significant difference (P < 0.05) between the pharmacokinetic parameters of the oral solution and pellets of verapamil HCl. **Conclusion:** A significant lag time of V7 is shown in plasma concentration when compared with the oral solution. The formulation has successfully demonstrated programmed pulsatile release over a 12-h period, aligning with the requirements of Pulsincap drug delivery.

**Key words:** C<sub>max</sub>,t<sub>max</sub>, Eudragit L100, pulsincap, rabbit, verapamil HCl

#### INTRODUCTION

pulsatile drug delivery system releases drug after a specified time delay (i.e., lag time). Pulsatile systems are designed to deliver medication to the target site at the optimal time and in the precise dosage. These methods are beneficial for drugs with considerable first-pass metabolism, those indicated for conditions demonstrating chrono-pharmacological patterns, pharmaceuticals with specific absorption sites in the gastrointestinal tract targeting the colon, and scenarios requiring nocturnal dosing.<sup>[1,2]</sup>

# Capsule-based systems

In delayed release systems, the drug remains inside the capsule for a predetermined lag time, and then after the barrier (such as a polymer coating or hydrogel plug) dissolves or erodes, the drug releases, providing a pulsatile or targeted release at the desired site. The plug is pulled out following a certain delay due to expanding, erosion, or dissolution. The Pulsicap® system consists of a water-insoluble capsule body containing a medication formulation. The open end of the body is sealed with a swellable hydrogel stopper. Subsequently, interact with the dissolving media or gastrointestinal fluids. Subsequently, the plug expands. In pulsatile drug delivery, "exiting the capsule after a delay" means the drug is released only after a preset lag time. The capsule stays intact initially, then after the delay, the swollen polymer plug is expelled, allowing a rapid burst release of the drug at the desired time.

# Address for correspondence:

K. Kranthi Kumar,

Lincoln University College, Selangor, Malaysia. Phone:

08985298175.

E-mail: pdf.kranthikumar@lincoln.edu.my

**Received:** 25-02-2025 **Revised:** 03-08-2025 **Accepted:** 17-08-2025

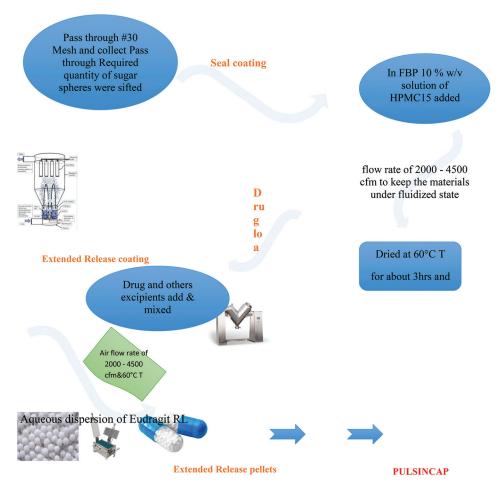


Figure 1: Formulation of verapamil HCI Pulsincap with Eudragit L100

<b>Table 1:</b> Preparation of hydrogel plugs for pulsatile capsule					
Code	Ration (1:1)	Amount in mg			
	HPMCK100:lactose				
HP1	37.5:37.5	75			
HP2	50:50	100			
HP3	62.5:62.5	125			
HP4	75:75	150			

This is succeeded by a fast drug release. The plug material comprises insoluble yet permeable and swellable polymers (polymethacrylates), as well as erodable compressed polymers such as hydroxy propyl methyl cellulose (HPMC), polyvinyl alcohol, and polyethylene oxide. A high melt index like PEGylated, monooleate glyceryls, and polyesters.<sup>[3]</sup>

#### MATERIALS<sup>[4]</sup>

#### Chemicals

Verapamil hydrochloride (HCl) Indian pharmacopeia (I.P.) was a free sample from VPL Chemicals Pvt.

Ltd. Remaining all the ingredients are as per I.P. specifications.

#### **METHODS**

#### Solubility studies

The phase solubility studies were performed in different solvents like ethanol, chloroform, methanol, acetone, and distilled water. A 100 mL conical flask held 10 mL of solvent and was diluted with verapamil HCl until saturation was reached. An orbital shaker was used to spin the saturated solutions for 1 h, followed by overnight storage at room temperature. An ultraviolet (UV) spectrophotometer was used to measure the saturation solutions at 278 nm.<sup>[5-8]</sup>

# Formulation of cross-linked gelatin capsules

A zero-sized hard gelatin capsules were used to pulsatile system designed. After that, the capsule bodies were set on a wire mesh. Formalin vapours were produced by adding a pinch of potassium permanganate to 25 mL of 15% v/v formaldehyde contain desiccator [Figure 1].<sup>[3]</sup> Twelve hours were spent on the reaction. The bodies were then taken out and dried for 30 min

Table 2: Verapamil hydrochloride fo	ormulatio	ons with o	different	grade E	udragit i	n differe	ent conc	entration	s
Ingredients	VF 1	VF 2	VF 3	VF 4	VF 5	VF 6	VF 7	VF 8	VF 9
Sugar spheres (30/35)	144	144	144	144	144	144	144	144	144
Hydroxy propyl methyl cellulose 15 cps	6	6	6	6	6	6	6	6	6
Purified water (10% solids)	S.A	S.A	S.A	S.A	S.A	S.A	S.A	S.A	S.A
Weigh of pellets after seal coating (mg)	150	150	150	150	150	150	150	150	150
Drug loading									
Seal coated pellets	150	150	150	150	150	150	150	150	150
Verapamil hydrochloride	80	80	80	80	80	80	80	80	80
PVP-K30	36	36	36	36	36	36	36	36	36
SSG	34	34	34	34	34	34	34	34	34
Purified water (15% solids)	S.A	S.A	S.A	S.A	S.A	S.A	S.A	S.A	S.A
weigh of pellets after drug loading	300	300	300	300	300	300	300	300	300
Extended layer coating									
Drug coated pellets	300	300	300	300	300	300	300	300	300
Eudragit S100	35	26.25	17.5	35	26.25	17.5	35	26.25	17.5
Hydroxy propyl methyl cellulose 15 cps	3	2.25	1.5	3	2.25	1.5	3	2.25	1.5
Tween 80	7	5.25	3.5	7	5.25	3.5	7	5.25	3.5
Talc	10	3.75	2.5	10	3.75	2.5	10	3.75	2.5
Final weight	350	337.5	325	350	337.5	325	350	337.5	325

I.P: Indian pharmacopeia, VF: Verapamil formulation, S.A: Sufficient amount, PVP-K30: Poly vinyl pyrimidine K30, SSG: Sodium starch glycolate

<b>Table 3:</b> Pharmacokinetic study design of optimized formulation (V7)						
Grouping	Verapa hydrochl treatment g	Un treatment group				
	Oral solution (5 mL)	Controlled				
Dose of drug (mg)	4	Group-III	Nil			
Treatment groups	Group I	06	Group-III			
Number of the animals	06	06				

at 50°C after reaction between the formaldehyde vapour and the gelatine was finished. To help remove any remaining formaldehyde, the remains were allowed to dry.<sup>[9-12]</sup>

## Preparation of hydrogel plug

A hydrogel plug was created to seal the capsule body by compressing different amounts of HPMC K4M and lactose using 7 mm punches and dies on a rotary tablet press.<sup>[13-16]</sup>

# Formulation of verapamil HCl pellets by FBP[17-22]

Verapamil HCl pellets were prepared using sugar spheres as cores. The process involved three main steps:

1. Seal Coating: Sugar spheres were coated with 10% w/v HPMC E15 solution in a fluidized bed to harden them

Table 4: Preformulation studies of verapamil
hydrochloride

hydrochloride						
Serial number	Characteristics	Specifications of verapamil hydrochloride				
1	Melting point (°C)	163				
2	% LOD (%)	0.21				
3	Bulk density (g/cc)	0.334				
4	Tapped density (g/cc)	0.542				
5	% Compressibility index	38.37				
6	Purified water	Freely soluble				
7	Methanol (mg/mL)	>28				
8	Ethanol (mg/mL)	>37				
9	Acetone (mg/mL)	>34				
10	Chloroform (mg/mL)	>46				

and prevent agglomeration [Table 1].

- Drug Loading: Verapamil HCl was blended with superdisintegrants (cross-carmellose sodium, sodium starch glycolate) and bound onto the sugar spheres using PVP K-30 solution in a fluidized bed, followed by drying and sizing [Table 2].
- Extended Release Coating: Drug-loaded pellets were coated with varying concentrations of Eudragit polymers (S100, RLPO, L100) using HPMC as a pore former, Tween 80 as plasticizer, and talc as anti-tacking agent, producing controlled release pellets.

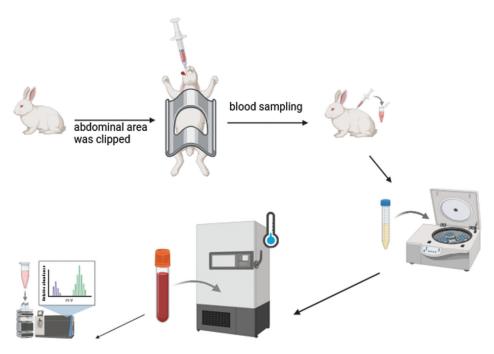


Figure 2: In vivo study design

Table 5: Standardization of verapamil hydrochloride							
	Absorbance (Mean±Standard deviation)						
(μg/mL)	0.1N hydrochloric acid	6.8 phosphate buffer	7.4 phosphate buffer				
0	0	0	0				
2	0.052±0.003	0.092±0.003	0.098±0.003				
4	0.107±0.004	0.180±0.002	0.196±0.002				
6	0.163±0.003	0.270±0.002	0.291±0.002				
8	0.215±0.002	0.361±0.003	0.380±0.003				
10	0.263±0.002	0.456±0.002	0.488±0.002				
$R^2$	0.9997	0.9999	0.9998				

By randomized cross over design method in vivo performance of Verapamil hydrochloride oral solution and Verapamil Hydrochloride Pellets were evaluated in rabbits. The study adopted a non-blinded, open-label design [Table 3].

#### Characterization

# Preformulation studies of verapamil HCI

The phase solubility studies melting point were performed and reported in Table 4.

# Standardization of verapamil HCI<sup>[23]</sup>

A UV spectrophotometric method was used to measure the maximum absorbance of verapamil HCl between 200 and 400 nm using 0.1 N hydrochloric acid and phosphate

	Table 6: Evaluation of hydrogel plug							
Code	Weight variation (mg)	Thickness (mm)	Hardness (kg/cm²)	Lag time (h)				
HP1	75±1.29	2.52±0.021	4.09±0.02	3.6				
HP2	100±1.09	3.32±0.034	4.29±0.029	4.1				
HP3	125±1.29	4.15±0.057	4.58±0.039	4.6				
HP4	150±1.32	5.22±0.079	4.76±0.009	5.01				

	Table 7: Characterization of verapamil hydrochloride pellets						
Code	% yield	Average particle size (μm)	% of drug loading				
VF 1	97.53	665.23±0.02	97.13±0.02				
VF 2	97.78	654.66±0.04	96.14±0.01				
VF 3	98.26	647.31±0.07	96.69±0.04				
VF 4	97.83	656.31±0.04	97.91±0.03				
VF 5	96.45	644.43±0.02	98.87±0.04				
VF 6	97.18	637.32±0.05	98.53±0.02				
VF 7	96.29	691.31±0.03	97.68±0.02				
VF 8	96.81	679.43±0.06	97.43±0.06				
VF 9	97.18	663.41±0.04	96.83±0.05				

buffers at pH 6.8 and 7.4. All the results are mentioned in Table 5 and Figure 4.

# Evaluations of hydrogel plug<sup>[24]</sup>

Various evaluations studied such as thickness, hardness, and lag time were performed to the prepared plug.

	Table 8: Determinat	ion of micromeritic p	roperties of verapamil h	ydrochloride pellet	S
Formulation	Angle of repose $(\theta)$	Bulk density ( g/cm³)	Tapped density ( g/cm³)	Carr's index (%)	Hausner's ratio
VF 7	25.42	0.908±0.03	1.066±0.04	14.82±0.04	1.17±0.03
VF 8	24.13	0.917±0.04	1.081±0.07	15.17±0.05	1.18±0.02
VF 9	22.72	0.920±0.06	1.086±0.06	15.28±0.04	1.18±0.03

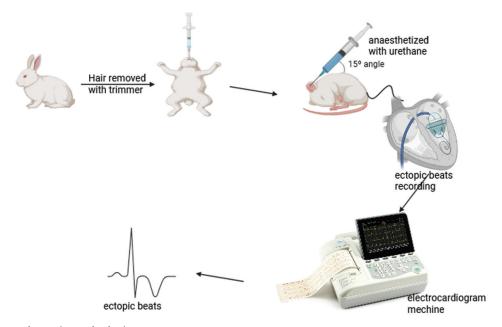


Figure 3: Pharmacodynamic study design

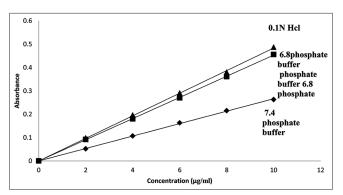


Figure 4: Standardization of verapamil hydrochloride

#### **Thickness**

A Vernier calliper was used to measure the thickness of ten plugs, and the average of these measurements was used to calculate the mean tablet thickness.<sup>[25]</sup> All the results are mentioned Table 6.

#### Hardness test

The plug's hardness was estimated using Pfizer hardness tester. The force applied on the plug in pill form until it fractured. The hardness measurement was determined by subtracting the initial pressure from the final pressure. [26] All the results are mentioned in Table 6.

# Evaluation of physicochemical properties of pellets[27]

#### % yield

All the prepared pellets percentage yield was determined. The following calculation was used to get the actual percentage yields of pellets.<sup>[27]</sup> All the results are mentioned in Table 7.

% yield of pellets = 
$$\frac{\text{Practical yield}}{\text{Theoretical yield}} \times 100$$

#### Estimation of drug content

We weighed accurately 100 mg of pellets, which was equal to the weight of the pure sample, and dissolve in 100 mL of 6.8 pH phosphate buffer while stirring. To estimate the amount of verapamil HCl, the solution was filtered through a 0.45  $\mu$  membrane filter and diluted. The absorbance was measured spectrophotometrically at 278 nm using a blank 6.8 pH phosphate buffer. All the results are mentioned Table 7.

# In vitro release study

USP XXIII dissolution test equipment (paddle method) was used for the dissolution investigations. For the capsule to be fully submerged in the dissolving media without floating,

**Table 9:** *In vitro* dissolution study of verapamil hydrochloride pulsatile capsule

	nydrochionde puisattie capsule				
Time (h)	% an	nount of drug re	lease		
	V7	V8	V9		
0	0	0	0		
0.5	0	0	0		
1	0	0	0		
1.5	0	0	0		
2	0	0	0		
2.5	0	0	0		
3	0	0	0		
3.5	0	0	0		
4	0	0	0		
4.5	0	0	0		
5	0.000	0.000	0.000		
5.5	5.940	6.696	8.239		
6	11.422	11.773	12.884		
6.5	15.643	15.933	17.491		
7	20.045	20.462	21.997		
7.5	24.156	24.607	26.875		
8	27.312	28.931	31.558		
8.5	30.580	31.018	36.116		
9	32.738	33.076	40.723		
9.5	36.065	37.036	44.724		
10	40.040	43.536	50.636		
10.5	44.037	48.181	55.005		
11	47.739	53.166	59.711		
11.5	51.460	56.917	64.442		
12	54.886	61.002	68.883		
12.5	58.644	65.109	75.236		
13	62.736	69.236	81.623		
13.5	67.164	73.699	89.617		
14	72.875	80.705	95.134		
14.5	78.931	87.118	99.419		
15	83.443	91.044			
15.5	87.348	94.989			
16	92.533	99.899			
16.5	97.113				
17	99.827				

it was secured to the paddle using cotton thread. Various dissolution medium with pH values of 1.2 and 7.4 by change of pH sequentially. The pellets were placed 2 h in pH 1.2 medium and changed with fresh pH 7.4 phosphate-buffered saline. The medium was replaced with pH 6.8 buffer was introduced for the next few hours.<sup>[29]</sup>

#### I.P. dissolution conditions

• Dissolution medium volume: -900 mL

RPM: -100

Temperature: -37±0.5°C
Sample volume: -5 mL

The withdrawn samples were analyzed spectrophotometrically at 278 nm in UV spectroscopy, and the cumulative percentage release was calculated.<sup>[28]</sup> All the results are mentioned in Tables 9, 10, and Figures 5-8.

#### In vivo studies

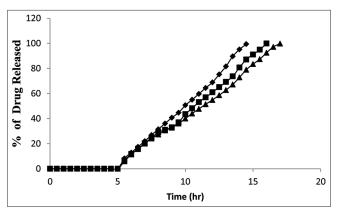
#### Pharmacokinetic study design

By randomized crossover design method, the *in vivo* performance of verapamil HCl oral solution and verapamil HCl pellets was evaluated in rabbits. The study adopted a non-blinded, open-label design. The subjects had a fasting period of not <24 h before the administration of the dosage. The day before the experiment, the hair on the abdomen was removed with a 10 min application of depilatory cream, followed by a washing with distilled water. Rabbits were subjected to an overnight fasting period prior to the experiment and were subsequently randomized into two treatment groups and one control group to facilitate comparative pharmacokinetic evaluation.<sup>[30]</sup>

#### **Blood sampling**

Heblood samples of approximately 1 mL were obtained at 0 (before to medication administration), 0.5, 1.0, 2.0, 3.0, 4.0, and 6.0 h following oral administration and 2, 4, 6, 8, 12, 16, 20, 22,24,26,28,30 and 32 h after administration of transdermal product involved in the study at a dose equivalent to 25 mg of Propranolol HCl. Blood sample volume was replaced by administration of isotonic saline. A heparinized tube containing blood samples was centrifuged at 3000 rpm for 10 min. The collected plasma was stored at -20°C until they were analyzed by liquid

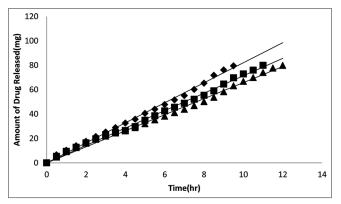
Table 10: Comparative drug release kinetics								
Code	Correlation coefficient value			е	Release rate	Exponential	T <sub>50</sub> (h)	T <sub>90</sub> (h)
	Zero order	First order	Matrix	Peppas	constant (mg/h) k <sub>0</sub>	coefficient (n)		
VF <sub>7</sub>	0.9972	0.7422	0.9223	0.9969	6.60	0.8718	6.06	10.90
VF <sub>8</sub>	0.9978	0.7113	0.9208	0.9963	7.14	0.8800	5.60	10.08
$VF_9$	0.9980	0.7807	0.9251	0.9958	8.17	0.8705	4.89	8.81



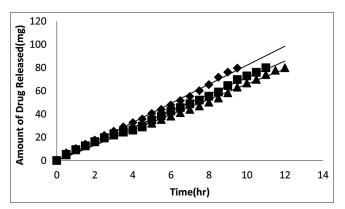
**Figure 5:** Comparative *in vitro* dissolution study of verapamil hydrochloride pulsatile capsule

(-▲-) VF<sub>7</sub>: pellets coated with 35% of Eudragit L 100 (-◆-)VF<sub>8</sub>: pellets coated with 26.25% of Eudragit L 100

(-■-)VF<sub>a</sub>: pellets coated with 17.5% of Eudragit L 100



**Figure 6:** Comparative *in vitro* dissolution study of verapamil hydrochloride pulsatile capsule

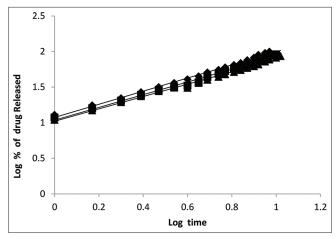


**Figure 7:** Comparative *in vitro* dissolution kinetics of verapamil hydrochloride pulsatile capsule

(-▲-) VF <sub>7</sub>: pellets coated with 35% of Eudragit L 100 (-◆-)VF<sub>8</sub>: pellets coated with 26.25% of Eudragit L 100

(-■-)VF<sub>o</sub>: pellets coated with 17.5% of Eudragit L 100

chromatography-tandem mass spectrometry (LC-MS/MS) [Figure 2].



**Figure 8:** Comparative Peppas plots of verapamil hydrochloride pellets coated with Eudragit L 100in different concentrations

(-▲-) VF<sub>7</sub>: pellets coated with 35% of Eudragit L 100 (-♦-)VF<sub>8</sub>: pellets coated with 26.25% of Eudragit L 100

(-■-)VF<sub>a</sub>: pellets coated with 17.5% of Eudragit L 100

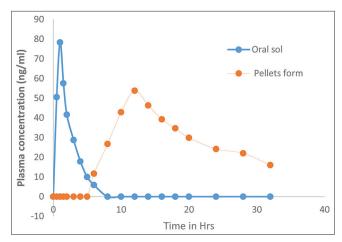


Figure 9: Plasma concentration-time curves of verapamil hydrochloride different formulation

#### Determination of pharmacokinetic parameters

The non-compartmental pharmacokinetic data analysis software PK Solutions  $2.0^{\text{TM}}$  was used to calculate various pharmacokinetic parameters, including the peak plasma concentration ( $C_{\text{max}}$ ), the time at which the peak occurred ( $T_{\text{max}}$ ), the area under the curve (AUC), the elimination rate constant ( $K_{\text{el}}$ ), the biological half-life ( $t_{\text{1/2}}$ ), and the mean residence time (MRT). All the results are mentioned in Table 11 and Figure 9.

# Statistical analysis of the pharmacokinetic parameters

To analyze the pharmacokinetic properties of the formulations tested, paired sample's *t*-tests were used to test for normal

**Table 11:** Plasma concentration-time curves of verapamil hydrochloride pellets

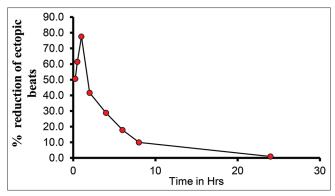
Time (h)		Plasma concentration (ng/mL) (Mean±SD) ( <i>n</i> =6)				
	Oral sol	Pellets form				
0	0	0				
0.5	50.52±1.88	0				
1	78.36±2.78	0				
1.5	57.52±1.53	0				
2	41.64±1.13	0				
3	28.76±1.63	0				
4	17.83±1.36	0				
5	9.95±1.46	0				
6	5.92±1.23	011.67±01.04				
8	0.00	026.78±01. 06				
10	0.00	042.89±01.11				
12	0.00	053.78±01.23				
14	0.00	046.36±01.16				
16	0.00	039.27±01.03				
18	0.00	034.69±01.68				
20	0.00	029.86±01.56				
24	0.00	024.21±01.43				
28	0.00	022.01±01.26				
32	0.00	016.01±01.12				

**Table 12:** Pharmacokinetic study of verapamil hydrochloride solution and verapamil hydrochloride pellets

Pharmacokinetic parameter	Oral solution	Pellets	Calculated value of "t"
$C_{max}$ (ng/mL)	78.3±0.32	54.62±0.42	36.74***
MRT (h)	2.4±0.02	20.2±0.16	75.53***
Half-life (h)	1.32±0.012	8.54±0.013	40.76***
$K_{el}$ ( $h^{-1}$ )	0.52±0.011	0.08±0.012	8.86***
$K_a$ (h <sup>-1</sup> )	1.43±0.02	0.25±0.01	19.66***
$AUC_{0-\alpha}$ (ng h/mL)	193±1.44	944.8±2.07	256.62***

Null hypothesis ( $H_o$ ): The pharmacokinetics between verapamil hydrochloride pellets and oral solution do not differ significantly at the 0.001 level and "t" with 10 DF is 4.587. Result: At the 0.001 levels of significance, Ho is not accepted as the computed "t" value greater than the table value of "t" with 10 DF. Thus, it was determined that the pharmacokinetic characteristics of verapamil hydrochloride solution and pellets differed significantly. \*\*\*p < 0.001; values are expressed as mean  $\pm$  SD (n = 3). Statistical significance was determined using Student's t-test when compared with the oral solution.

distribution of the serum concentrations of  $C_{max}$ , Ka, and AUC 0–24 and AUC 0– $\alpha$  values. The significance level was set at 0.001 for all tests.<sup>[30]</sup> All the results are mentioned in Table 12.



**Figure 10:** Percent reduction of ectopic beats after administration of verapamil hydrochloride solution and pellets in rabbits

# Pharmacodynamic study design

# Evaluation of pharmacodynamics of verapamil HCl pulsincap

The degree of reduction in adrenaline-induced arrhythmia was used to measure the pharmacodynamic response in animals following oral and transdermal administration of verapamil HCl. The animals had unrestricted access to water but were fasted for 24 h before the medication formulations were administered. To put the animals to sleep, urethane (1 g/kg I.P.) was used. All animals' normal electrocardiograms (ECG) were recorded after anesthesia. Adrenaline (30 µg/kg i.v.) in normal saline was injected into the marginal ear vein before the drug formulations being administered. An ECG was promptly taken, and these cardiograms were used as a control. The drug formulations were given to the animals as outlined in pharmacokinetic studies, and they were left for an hour. After taking verapamil HCl orally for 1.0, 3.0, and 6.0 h, and transdermally for 4.0, 8.0, 12.0, 20.0, and 24.0 h, adrenaline was given again. At each time interval, the number of ectopic beats before and after the adrenaline injection was counted and recorded as a reaction to the adrenaline challenge. The per se adrenaline response was compared with the net decrease in the number of ectopic beats following the delivery of medication formulations after the adrenaline challenge [Figure 3].[31] All the results are mentioned in Table 13 and Figure 10.

# Stability studies of pulsatile capsule containing verapamil HCl pellets

The optimized formulation stability was studied as per ICH guidelines. They divided the batches into two groups and placed separately in stability chamber, which is maintained at  $25\pm5^{\circ}\text{C}/60\%$  RH and  $40\pm5^{\circ}\text{C}/75\%$  RH, respectively, for 3 months. At regular time intervals, the formulation % drug release was calculated. [32] All the results are mentioned in Tables 14 and 15.

# Kumar, et al.: Verapamil hydrochloride pulsincap

**Table 13:** Percent reduction of ectopic beats after administration of verapamil hydrochloride solution and pellets in rabbits

Formulation	% reduction of ectopic beats at							
	1 h	4 h	6 h	8 h	12 h	16 h	20 h	24 h
Oral	99.6±6.1	58.2±4.4	28.4±2.2					
Pellets		56.2±5.4	77.3±41	97.6±3.7	96.7±3.1	96.5±3.3	96.3±3.5	96.1±3.4

Table 14: Stability studies of optimized formulation									
Storage conditions	Time interval	Drug content	K <sub>o</sub> (mg/h)	<b>t</b> <sub>50%</sub>	<b>t</b> <sub>90%</sub>				
25±2°C/60±5% RH	1st month	97.68	6.60	6.06	10.90				
	2 <sup>nd</sup> month	97.64	6.60	6.06	10.90				
	3 <sup>rd</sup> month	97.61	6.60	6.06	10.90				
40±2°C/75±5% RH	1st month	97.63	6.60	6.06	10.90				
	2 <sup>nd</sup> month	97.60	6.60	6.06	10.90				
	3 <sup>rd</sup> month	97.58	6.60	6.06	10.90				

Table 15: In vitro dissolution data of verapamil hydrochloride Pulsicap								
S. No.	Time (h)	Initial	Percentage of verapamil hydrochloride released ( $\bar{x}$ ±Standard deviation)					
			25±2°C/60±5% RH		40±2°C/75±5% RH			
			1st month	2 <sup>nd</sup> month	3 <sup>rd</sup> month	1st month	2 <sup>nd</sup> month	3 <sup>rd</sup> month
1.	0	0.000	0	0	0	0	0	0
2.	5.5	5.940	5.84±0.09	5.76±0.13	5.67±0.06	5.72±0.13	5.64±0.08	5.55±0.05
3.	6	11.422	11.37±0.10	11.28±0.08	11.20±0.09	11.35±0.14	11.31±0.11	11.23±0.05
4.	6.5	15.643	15.52±0.11	15.44±0.05	15.41±0.05	15.57±0.06	15.43±0.10	15.36±0.11
5.	7	20.045	19.99±0.19	19.96±0.11	19.92±0.16	19.97±0.19	19.93±0.19	19.89±0.11
6.	7.5	24.156	24.08±0.09	23.95±0.14	23.92±0.13	24.06±0.13	23.92±0.09	23.8.9±0.12
7.	8	27.312	27.30±0.13	27.26±0.11	27.14±0.15	2719±0.13	27.12±0.06	27.04±0.13
8.	8.5	30.580	30.50±0.13	30.43±0.17	30.33±0.12	30.37±0.16	30.24±0.14	30.18±0.12
9.	9	32.738	32.64±0.14	32.60±0.12	32.57±0.16	32.63±0.13	32.61±0.14	32.58±0.12
10.	9.5	36.065	35.96±0.08	35.87±0.06	35.77±0.08	35.94±0.13	35.91±0.09	35.89±0.08
11.	10	40.040	39.94±0.13	39.91±0.12	39.87±0.12	39.92±0.19	39.89±0.13	39.86±0.13
12.	10.5	44.037	43.95±0.09	43.93±0.07	43.90±0.13	43.94±0.16	43.91±0.09	43.87±0.19
13.	11	47.739	47.60±0.11	47.57±0.06	46.52±0.11	47.66±0.11	47.59±0.06	47.43±0.11
14.	11.5	51.460	51.32±0.14	51.23±0.05	51.12±0.10	51.28±0.13	51.23±0.08	51.13±0.10
15.	12	54.886	54.47±0.09	54.39±0.11	54.26±0.15	54.72±0.05	54.66±0.06	54.57±0.13
16.	12.5	58.644	58.59±0.13	58.56±0.08	58.53±0.09	58.61±0.15	58.56±0.13	58.54±0.15
17.	13	62.736	62.68±0.13	62.65±0.16	62.61±0.12	66.67±0.13	62.59±0.09	62.48±0.15
18.	13.5	67.164	67.13±0.19	67.11±0.13	67.08±0.14	67.15±0.22	67.11±016	67.03±0.09
19.	14	72.875	72.808±0.12	72.69±0.09	72.60±0.09	72.79±0.08	72.72±0.09	72.67±0.13
20.	14.5	78.931	78.84±0.15	78.73±0.06	78.62±0.06	78.67±0.09	78.51±0.11	78.43±0.15
21	15	83.443	83.37±0.13	83.31±0.08	83.28±0.08	83.36±0.05	83.32±0.09	83.26±0.09
22	15.5	87.348	87.24±0.08	87.21±0.11	87.16±0.16	87.25±0.11	87.170±0.08	87.13±0.12
23	16	92.533	92.45±0.19	92.38±0.19	92.33±0.12	92.42±0.09	92.36±016	92.33±0.22
24	16.5	97.113	97.09±0.13	97.05±0.09	96.96±0.14	97.08±0.15	97.03±0.09	96.98±0.15
25	17	99.827	99.80±0.10	99.72±0.11	99.62±0.13	99.79±0.09	99.73±0.06	99.66±0.08

# **RESULTS**

## Preformulation studies of verapamil HCI

#### Discussion

The study findings demonstrated that the drug exhibited higher solubility in non-polar solvents, with its solubility profile showing a distinct pH-dependent behavior.

## Standardization of pure drug

#### Discussion

The calibration curve of the pure drug was plotted in the different solvent systems like 0.1N in HCl, 6.8, and 7.4 Phosphate buffer. The absorbance was measured at 278 nm by UV spectrophotometer.

#### Discussion

The prepared Hydrogel plug evaluation studies were performed, and selected HP4 batch plug composition HPMCK $_{100}$ :lactose (75:75 ration) has 5 h lag time, and other studies are as per I.P.

#### Discussion

The prepared different batch pellets were evaluated, and the selected VF7 batch was optimized. The optimized batch showed a higher % yield of 96.29%, average particle size  $691.31 \pm 0.03$ , and entrapment efficiency  $97.68 \pm 0.02$ .

#### Discussion

The optimized batch VF7 was evaluated for micromeritic properties, including bulk density, tapped density, Carr's index, Hausner's ratio, and angle of repose. Based on these results and the required fill volume, size '0' hard gelatin capsules were selected for the formulation of the pulsatile capsule dosage form.

#### Conclusion

The dissolution profile of batch VF7 confirmed the desired pulsatile release behavior, with a defined lag time of 5 h and extended up to 12 h, followed by controlled drug release, indicating successful design for chronotherapeutic drug delivery.

#### Conclusion

The drug release from optimized pulsatile capsule batch VF7 followed Korsmeyer-Peppas kinetics, indicating a diffusion-controlled and possibly anomalous (non-Fickian) release mechanism, suitable for achieving a pulsatile drug delivery profile.

# In vivo study

#### Conclusion

The *in vivo* pharmacokinetic profile of VF7 has a higher AUC 944.8  $\pm$  2.07 as compared with the oral tablet and confirms its pulsatile release behavior, showing a significant lag phase followed by controlled release, making it suitable for chronotherapy of irregular heartbeats, especially for early morning cardiac arrest.

#### Conclusion

The verapamil HCl pellets demonstrated a greater and more sustained reduction in ectopic beats 96% more when compared to the solution form, indicating their potential effectiveness for chronic therapeutic management of cardiac arrhythmias. The delayed action observed aligns with the pulsatile release design, making it suitable for conditions like early morning arrhythmic episodes.

# Accelerated stability studies

#### Conclusion

The optimized batch VF7 remained stable under accelerated conditions over 3 months, with no significant changes drug content, physical appearance, or pulsatile release profile. The formulation is considered physicochemically stable and suitable for long-term use.

# CONCLUSION

The verapamil HCl pellets coated with 35% Eudragit L100 hydrogel plug with HPMCK100: lactose (75:75) extended release up to 300 min. In addition, the optimized formulation (V7) showed that a 12 h release was achieved. According to the evidence from *in vitro* dissolution and pulsing cap characterization, the carrier has a considerable influence on dissolving properties. As the result indicates, the developed verapamil HCl pulsincap formulation showed a promising model to treat of cardiac arrhythmias.

# **REFERENCES**

- Kumar M, Ali A, Kaldhone P, Shirode A, Kadam VJ. Platform technologies for colon targeted drug delivery system: A review article. J Pharm Res 2010;3:543-7.
- 2. Arora S, Ali J, Ahuja A, Baboota S, Qureshi J. Pulsatile drug delivery systems: An approach for controlled drug delivery. Indian J Pharm Sci 2006;68:295-300.
- 3. Nagata S. Advantages of HPMC capsules: A new generation's hard capsules. Drug Deliv Technol 2002;2:35-9.

- 4. Al-Badr AA, Mostafa GA. Pravastatin sodium. Profiles Drug Subst Excip Relat Methodol 2014;39:433-513.
- Indian Pharmacopoeia, Government of India Ministry of Health & Family Welfare. Published by the Indian Pharmacopoeia Commission. Vol. 3. Ghaziabad: Indian Pharmacopoeia; 2010. p. 743-4.
- Sharma M, Sharma RG, Sharma A. Study of physicochemical properties of drug and physiological variation in leaves of *Andrographis paniculata* (burm. F.) nees. Acta Chim Pharm Indica 2013;3:52-64.
- Staniforth J. Particle size analysis. Aulton ME, editor. Pharmaceutics: The Science of Dosage Form Design. 2<sup>nd</sup> ed. United Kingdom: Churchill Livingstone; 2001. p. 205-7.
- Seedher N, Agarwal P. Various solvent systems for solubility enhancement of enrofloxacin. Indian J Pharm Sci 2009;71:82-7.
- 9. Wei Z, Yu Z. Bi D. Design and evaluation of a two-layer floating tablet for gastric retention using cisapride as a model drug. Drug Dev Ind Pharm 2001;27:469-74.
- Ponchel G, Irache J. Specific and non-specific bioadhesive particulate systems for oral delivery to the gastrointestinal tract. Adv Drug Deliv Rev 1998;34:191-219.
- 11. Deshpande AA, Shah NH, Rhodes CT, Malick W. Development of a novel controlled-release system for gastric retention. Pharm Res 1997;14:815-9.
- 12. Davis SS, Stockwell AF, Taylor MJ, Hardy JG, Whalley DR, Wilson CG, *et al*. The effect of density on the gastric emptying of single- and multiple-unit dosage forms. Pharm Res 1986;3:208-13.
- 13. Najmuddin M, Patel VA, Ali A, Shelar S, Tousif K. Development and evaluation of pulsatile drug delivery system of flurbiprofen. Res J Pharm Biol Chem Sci 2010;1:284-90.
- Amol M. Design and evaluation of pulsatile drug delivery system of atenolol for chronomodulated therapy. Int J Pharm Bio Sci 2012;3:1-8.
- 15. Abraham S, Srinath MS. Development of modified pulsincap drug delivery system of metronidazole for drug targeting. Indian J Pharm Sci 2007;69:24-7.
- Stevens HN, Wilson CG, Welling PG, Bakhshaee M, Binns JS, Perkins AC, et al. Evaluation of pulsincap to provide regional delivery of dofetilide to the human GI tract. Int J Pharm 2002;236:27-34.
- 17. Muniswamy P, Jagannath M, Harisa M, Shanta Kumar SM, Kumar PR. Verapamil hydrochloride systems design for pulsincap drug delivery: Development and evaluation studies. J Biomed Pharm Res 2012;1:101-9.
- 18. Srinivas L. Studied ibuprofen as pulsincap technique. Int J Pharm Res Technol 2011;1:12-7.
- 19. Patel D, Patel N, Thakkar V, Modi A, Gandhi T. Development and characterization of mucoadhesive microspheres of levosalbutamol sulphate. Int J Pharm

- Sci Res 2013;4:1838-51.
- Kumar MM, Vipan K, Prabhakar V, Vijay N. Preparation and evaluation of biodegradable albumin microspheres of ketorolac tromethamine. Int Res J Pharm 2011;2:214-8.
- Parashar V, Ahmad D, Gupta SP, Upmanyu N, Parashar N, Mudgal V. Formulation and evaluation of biodegradable microspheres of tinidazole. Int J Drug Deliv Syst 2010;2:238-41.
- 22. Ashvini VR, Kavitha K, Mehaboob Y. Design and evaluation of ketoprofen loaded albumin microspheres. Int J Pharm Sci 2011;2:189-203.
- 23. Kuang C, Sun Y, Li B, Fan R, Zhang J, He Z, *et al.* Preparation and evaluation of duloxetine hydrochloride enteric-coated pellets with different enteric polymers. Asian J Pharm Sci 2017;12:216-26.
- 24. Wagh RA, Surawase RK. Formulation and development of sustained release pellets of nifedipine by fluidized bed processor. Res J Pharm Technol 2020;13:1757-61.
- 25. Vidyadhara S, Prasad MB, Sasidhar RL, Krishna TB. Development and evaluation of controlled release verapamil hydrochloride pellets by PAN coating process. Curr Trends Biotechnol Pharm 2013;7:535-43.
- Sahoo J, Murthy PN, Biswal S, Manik. Formulation of sustained-release dosage form of verapamil hydrochloride by solid dispersion technique using Eudragit RLPO or Kollidon SR. AAPS PharmSciTech 2009;10:27-33.
- 27. Kuan C, Sun Y, Li B, Fan R, Zhang J, He Z, *et al.* Preparation and evaluation of duloxetine hydrochloride enteric-coated pellets with different enteric polymers. Asian J Pharm Sci 2017;12:216-26.
- 28. Gowthami B, Nihitha S, Nagam SP, Nadendla RR. Formulation and evaluation of extended release pellets of pioglitazone hydrochloride using natural and synthetic polymers by fluidized bed coating technique. Asian J Pharm Clin Res 2019;12:438-46.
- 29. McTavish D, Sorkin EM. Verapamil. An updated review of its pharmacodynamic and pharmacokinetic properties, and therapeutic use in hypertension. Drugs 1989;38:19-76.
- 30. Klein HO, Kaplinsky E. Digitalis and verapamil in atrial fibrillation and flutter. Is verapamil now the preferred agent? Drugs 1986;31:185-97.
- 31. Agrawal YO, Husain M, Patil KD, Sodgir V, Patil TS, Agnihotri VV, *et al.* Verapamil hydrochloride loaded solid lipid nanoparticles: Preparation, optimization, characterisation, and assessment of cardioprotective effect in experimental model of myocardial infarcted rats. Biomed Pharmacother 2022;154:113429.
- 32. Mathews BR. Regulatory aspects of stability testing in Europe. Drug Dev Ind Pharm 1999;25:831-56.

**Source of Support:** Nil. **Conflicts of Interest:** None declared.