Formulation and development of industry feasible proniosomal transdermal drug delivery system of granisetron hydrochloride

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Proniosomes gel is semisolid liquid crystal products of nonionic surfactants, which converted into niosomes upon hydration. A proniosome based transdermal drug delivery system of granisetron hydrochloride (GRA HCL) developed by coacervation phase separation method. Formulation optimized by use of 3^2 full factorial design. Span 60 and cholesterol selected as independent variables, while entrapment efficiency (EE) and flux selected as dependent variables. Proniosomes evaluated for EE, *in vitro* permeation study, stability study, microscopial examination by photomicroscopy, scanning electron microscopy, particle size analysis. F5 batch containing 90 mg span 60, and 10 mg cholesterol show maximum entrapment ($66.57 \pm 0.20\%$) and flux ($7.94 \pm 0390 \ \mu g/cm^2/h$). Comparative *in vitro* drug release study of plain drug solution and drug in proniosomal gel form was carried out for 48 h on guinea pig skin. It was found that cumulative release and flux of proniosomal gel was nearly two times more than drug solution containing same drug concentration. The study demonstrated the effectiveness of proniosomal transdermal patch containing GRA HCL for effective management of chemotherapy induced nausea and vomiting.

Key words: Factorial design, industry feasible, niosomes, proniosomes, stability, transdermal drug delivery

INTRODUCTION

Chemotherapy induced nausea and vomiting (CINV) is a most severe side effect of anticancer drugs. It was found that Patients receiving chemotherapy have nausea and vomiting as the first and second most severe side effects respectively.^[1,2] Nausea is a sensation of discomfort and feeling the urge to vomit.^[3] Vomiting (emesis) is the forcible ejection of stomach contents through the mouth.^[4] Conventionally antiemetic agents are administered by the oral or intravenous (IV) route. Granisetron hydrochloride (GRA HCl) has short half-life (3-4 h), so oral or IV routes have a disadvantage that need of frequent administration of the drug. Particularly, in any situation where a patient is suffering from nausea and vomiting, oral administration of an antiemetic agent is challenging and creates more discomfort for the patient. Nausea and vomiting may make it difficult for patients to take oral medications or keep them in the gastrointestinal

Address for correspondence: Prof. Bhushan Arun Patil, Master of Pharmacy (Pharmaceutics), Department of pharmaceutics Government College of Pharmacy, Aurangabad - 431 005, Maharashtra, India. E-mail: patilbhushan19@gmail.com tract long enough to be absorbed properly. For patients unable to swallow tablets because of emesis, IV antiemetics are required.^[5] However, IV or intramuscular administration is generally impracticable for home use. Hence, need alternative routes of administration like transdermal administration are needed as an alternative to conventional route.^[6] Transdermal drug delivery system (TDDS) have therapeutic benefits such as sustained drug delivery for drugs with short half-lives, maintain steady plasma profile, so reduced systemic side-effects in potent drugs, reducing the typical dosing schedule to once or twice weekly also so improved patient compliance; and avoidance of the first-pass metabolism effect for drugs with poor oral bioavailability.^[7] Alternatively TDD can be used in situations requiring minimal patient cooperation.^[8] The noninvasive character of TDD makes it accessible to a wide range of patient populations and a highly acceptable option for drug dosing.^[9] Nonpolymeric



nanoparticle or vesicular systems (niosomes and liposomes) are promising carrier systems to cross stratum corneum of skin which is main permeation barrier.^[10,11] They may act as vehicles or as permeation enhancer for bioactive materials to enhance their penetration via stratum corneum, but their major drawback is their instability, which can be overcome by utilizing provesicular drug delivery approaches like proniosomes.^[12] Proniosomes gel is semisolid liquid crystal products of nonionic surfactants. These gel are easily prepared by dissolving the surfactant in a smallest amount of alcohol and the least amount of aqueous phase, due to the limited amount of water present, these systems behave as viscous preparation.^[13] Proniosomes can be converted into the niosomes in situ by absorbing water from the skin.^[14] Proniosomes provide additional convenience of transportation, distribution, storage and dosing as well as avoid many of the problems associated with the aqueous niosome dispersion like physical stability (aggregation, fusion, leaking), its high cost, and difficulties in sterilization. Proniosomes have simple formulation procedure, low cost of production and capable to large scale production (Industry feasible) with adequate physical and chemical stability.^[15,16]

Hence, objective of this study was to develop a more promising, controlled proniosomal TDDS was developed, which may have a faster onset of action that last for a longer period of time so, better control on CINV. To achieve this objective proniosomes of GRA HCL was prepared by coacervation phase separation method. In this study, span 60 use as nonionic surfactant, soya lecithin as a penetration enhancer, cholesterol essential for vesicles preparation and their stability. Preparation optimized by full 3² factorial designs.

MATERIALS AND METHODS

Materials

Granisetron hydrochloride was obtained as a gift sample from Sun Pharma Limited (Halol, India). Soya lecithin was provided by Perfect Biotech (Nagpur, India). Span 60 and cholesterol were obtained from Loba Chemie (Thane, India). Cotran 9720 polyethylene film and scotchpack 9741 SBOPP film were provided by 3M (USA). Durotak 387-2287 acrylate-vinylacetate noncuring pressure sensitive adhesive procured from National Starch and Co. Limited (USA). Other excipients used to prepare proniosomes were of standard pharmaceutical grade and all chemical reagents of analytical grade.

Preparation and optimization of proniosomes

Proniosomes were prepared by a coacervation and phase separation method. GRA HCl, span 60, cholesterol, soya lecithin were taken in a clean, dry wide mouth glass vial as per Table 1 and 250 μ l alcohol added to it. Open end of the glass bottle was covered with a lid to prevent the loss of solvent from it and warmed over a water bath at 60-70°C for about 5 min until the surfactant mixture was dissolved completely. Then added 160 μ l pH 7.4 phosphate buffer and warmed on the water bath for about 2 min till the clear

solution observed. Later, mixture was allowed to cool down at room temperature till the dispersion was converted to proniosomal gel. Excess solvent was removed by vacuum evaporation of the solvent.^[17]

A 3^2 full factorial design was used for the process optimization. Span 60 and cholesterol were considered as an independent factor, while flux and entrapment efficiency (EE) were selected as dependent factor. Summary of factorial design is given in Table 2 and full factorial design formula is shown in Table 1.^[18]

Evaluation of proniosomal gel

Entrapment efficiency determination

To 0.2 g of proniosome gel was weighed in a glass vial, and then added to 10 ml of the aqueous phase (phosphate buffer pH 7.4). Then, this aqueous suspension was then sonicated. Niosomes containing GRA HCl was separated from untrapped drug by centrifugation at 25,000 rpm for 25 min at 4°C. Supernatant was recovered and assayed by spectrophotometrically (Shimadzu ultraviolet [UV]-1601 PC Double Beam, Kyoto, Japan) at 302 nm. The EE was calculated by the following equation,

$$EE = ([Q_t - Q_s]/Q_t) \times 100$$
(1)

Where,

EE is the entrapment efficiency, $Q_{\rm t}$ is the theoretical amount of GRA HCl that was added,

Q_s is the amount of GRA HCl detected only in the supernatant.

In vitro permeation study

The permeation of GRA HCl proniosome formulation was

Table 1: Summary of factorial design

Coded	Actual	Responses		
values	X ₁ (Span 60)	X ₂ (Cholesterol)	Y ₁	Y ₂
-1	80	7.5	Entrapment	Flux
0	90	10	efficiency	
+1	100	12.5		

Table 2: Full factorial design formula

Formulation code	GRA HCI (mg)	Soya lecithin (mg)	Span 60 (mg)	Cholesterol (mg)
F1	5	90	80	7.5
F2	5	90	90	7.5
F3	5	90	100	7.5
F4	5	90	80	10
F5	5	90	90	10
F6	5	90	100	10
F7	5	90	80	12.5
F8	5	90	90	12.5
F9	5	90	100	12.5

determined by using modified K-C diffusion cell. The guinea pig skin was mounted on modified K-C diffusion cell. Skin was mounted on the receptor compartment with the stratum corneum side facing upwards into the donor compartment. Excessive skin at the sides was trimmed off to minimize lateral diffusion. The receptor compartment was filled with receptor media of composition PEG 400:water:20:80 medium to maintain a sink condition. The available diffusion area of the cell was 4.52 cm² with radius 1.2 cm. Skin was allowed to equilibrate with receptor fluid for 60 min, then donor compartment was filled with the proniosome formulation as shown in Table 1 subsequently drug solution containing 5 mg/5 ml in water was prepared and added to the donor side of the diffusion cell as a control. The top of the diffusion cell was covered with paraffin paper. The receptor solution was stirred by a star-head magnetic bar (size 10×10 mm) (Himedia) rotating at a constant speed of 600 rpm by motorless magnetic mega stirrer (WHIRLMATIC-MEGA, Spectralab). The temperature in the bulk of the solution was maintained at a constant level of $37^{\circ}C \pm 1^{\circ}C$ using constant temperature water circulating bath (deep engineering), which circulates thermostated water through the water jacket surrounding the receptor compartment. At appropriate intervals, 2 ml aliquots of the receptor medium were withdrawn and immediately replaced by an equal volume of fresh receptor solution. The drugs concentrations were measured by UV spectrophotometric method at λ_{max} 302 nm. Permeation study was performed for 48 h. Each experiment was performed in triplicate. All data were presented as mean \pm standard deviation.^[19]

Microscopical and morphological examination

Light microscopy

A thin layer of proniosomal gel was spread in a cavity slide, and then a cover slip was placed. Slide was observed under the microscope with and without polarized light (OLYMPUS Photo Microscope, Japan). A drop of water was added through the side cover slip into the cavity slide while under the microscope and observed again. Photomicrographs were taken at suitable magnifications as $\times 4$, $\times 40$, $\times 100$ after addition of water.

Scanning electron microscopy

In a glass tube 0.2 g proniosome gel was diluted with 10 ml of pH 7.4 phosphate buffer; then dispersion was sprinkled and fixed on a scanning electron microscopy (SEM) holder with double sided adhesive tape and coated with a layer of gold for 3 min using a sputter coater. Niosome prepared after hydration of proniosomes were evaluated for their surface morphology, shape, size. The samples were examined using a SEM (Jeol JSM-6350, Tokyo, Japan) at 15 kV accelerating voltage.^[20]

Vesicle size and size distribution

Vesicle size and polydispersity index (PI) was determined by Zeta sizer (Beckman coulter counter, Germany). This technique is ideal for measuring the nanoparticle size, diffusion coefficient, and molecular weight of polymers in solutions. A diluted (0.2 g of proniosomal gel in 10 ml of pH 7.4 phosphate buffer) suspensions of niosomes (hydrated proniosome) that became a colloidal solution after sonication was used to determine the size and size distribution. The vesicle measurements were done at a temperature $25^{\circ}C \pm 0.5^{\circ}C$.

Differential scanning calorimetry

To study the possible interactions between GRA HCl and vesicle ingredients of F5 batch of highest EE% was selected and samples of 5.2 mg of each empty and drug loaded proniosomes were submitted to differential scanning calorimetry (DSC) analysis using differential scanning calorimeter (Shimadzu DSC-60, Japan). Each sample was sealed in a standard aluminum pan and scanned between 0°C and 35°C, while another empty pan was used as a reference. The thermograms were obtained at 10°C/min. The heat flow calibration was performed with indium.

Stability study

The optimized proniosomal formulae F5 were sealed in 30 ml clear glass vials and stored at refrigeration temperature ($4^{\circ}C \pm 2^{\circ}C$), room temperature ($25^{\circ}C \pm 2^{\circ}C$), and hot condition in oven ($45^{\circ}C \pm 2^{\circ}C$) for stability study. After 7, 15, 30, 60, 90 days, hydration step was carried out and the EE of each sample was determined and compared with the freshly prepared proniosomes derived niosomes.

Preparation of reservoir type patch

Circular "O" ring shaped spacer was used to hold the gel in the device. A spacer was obtained by cutting the plastic sheets (1 mm thickness and diameter 1.3 cm) of high density polyethylene. The spacer was adhered to the protective impermeable backing membrane using an adhesive to obtain an empty device. The spacer was filled with proniosomal gel (F5 batch). Cotran 9720 Polyethylene film (3M, USA) and Scotchpack 9741 SBOPP film (3M, USA) were used as backing membrane and release liner, respectively. Nylon mesh was used to hold gel. Durotak 387-2287 acrylate-vinylacetate noncuring pressure sensitive adhesive (National starch and Co., USA) was used as an adhesive.^[12]

Statistical analysis of data

Response surface quadratic model was used to evaluate the effect of process variables, that is, span 60 and cholesterol were selected as independent parameters, while flux and EE as dependent factors. The following second order polynomial equation was applied as a tool of mathematical modeling:

$$Y = b_0 + b_1 X_1 + b_2 X_2 + b_{12} X_1 X_2 + b_{11} X_1^2 + b_{22} X_2^2$$
(2)

Where, Y is the dependent variable, b_0 is the arithmetic mean response of the nine runs and b_i (b_1 , b_2 , b_{12} , b_{11} and b_{22}) is the estimated coefficient for corresponding factor X_i (X_1 , X_2 , X_{12} , X_{11} and X_{22}), which represents the average results of changing one factor at a time from its low to high value. The interaction term (X_1X_2) depicts the changes in the response when two factors are

simultaneously changed. The polynomial terms $(X_1^2 \text{ and } X_2^2)$ are included to investigate nonlinearity. The statistical data analysis was carried out using Design-Expert version 7.1.6 software (Minneapolis, MN, USA).^[21]

RESULTS AND DISCUSSION

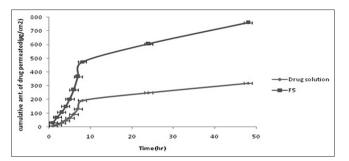
Proniosomal TDD of GRA HCl is a good alternative to conventional oral and IV route as well as provides longer duration and controlled drug release of drug. In this study, proniosomes were prepared by coacervation phase separation method. This method is simple and less time consuming, economic.^[22] Proniosomal gel was a coacervate of span 60, soya lecithin, cholesterol and drug at 60-70°C. In proniosome gel span 60 act as vesicle forming agent, soya lecithin as permeation enhancer, while cholesterol as a stabilizer for vesicles. Proniosomes converted in to niosomes after hydration with phosphate buffer 7.4. Optimization was done by 3² factorial design. Span 60 and cholesterol were selected as independent parameters, while flux and EE as dependent factors. The factorial design batches were formulated according to Table 1.

Entrapment efficiency determination

Entrapment efficiency of all factorial batches were determined and shown in Table 3. F5 batch containing 90 mg soya lecithin, 10 mg cholesterol, 90 mg span 60 showed maximum entrapment (66.57% \pm 0.20%). Concentration of span 60 increases then entrapment also increases up to 90 mg, but latter decreases because higher amounts of span 60 may compete with the drug for packing space within the bilayer, hence excluding the drug from vesicles.^[23] While, decreasing the EE with increasing cholesterol ratio above a certain limit may be due to the fact that increasing cholesterol beyond a certain concentration can disrupt the regular linear structure of vesicular membranes.^[18]

In vitro permeation study

Permeation (flux) of all factorial batches were determined and shown in Table 3. F5 batch containing 90 mg soya lecithin, 10 mg cholesterol, 90 mg span 60 showed maximum flux (7.94 \pm 0.390 µg/cm²/h) and permeability coefficient (1.58 \pm 0.078 cm²/h). EE increases then permeation (flux) also increases. Flux of drug solution (control) was found to be (3.53 \pm 0.07 µg/cm²/h) and permeability coefficient (0.70 \pm 0.01 cm²/h). Flux of optimized batch F5 has near about twice flux of control [Figure 1 and Table 4].





Microscopical examination

Light microscopy

After adding water to the F5 batch sample, the microscopic examination of the prepared proniosome gel formulations revealed the formation of niosomal vesicular structure with entrapped GRA HCl [Figure 2]. It showed that proniosomal gel form niosome after hydration.

Scanning electron microscopy

Scanning electron micrographs revealed the formation of well-identified spherical niosomal vesicles with sharp boundaries after hydration of proniosomes. Niosome formed after hydration of proniosomes have size below 1000 nm. Scanning electron micrographs of proniosome (F5), batch is shown in Figure 3.

Vesicle size and size distribution

Vesicle size was determined using Zeta Sizer (Beckmann coulter counter, Germany). It was found in nano range 536.8 nm and PI was found to be 0.250 [Table 5]. PI values > 0.3

Table 3: Entrapment efficiency and permeation (Flux) of	
experimental batches	

Formulation code	Entrapment (%)	Flux (µg/cm²/hr)	Permeability coefficient (×10⁻³) (cm²/hr)
F1	59.76±0.11	4.94±0.082	0.98±0.016
F2	62.45±0.21	5.97±0.080	1.19±0.015
F3	60.55±0.13	5.30±0.008	1.06±0.001
F4	61.55±0.12	5.60±0.054	1.12±0.011
F5	66.57±0.20	7.94±0.390	1.58±0.078
F6	64.27±0.10	6.82±0.075	1.36±0.015
F7	60.81±0.18	5.38±0.056	1.07±0.011
F8	64.86±0.23	7.02±0.089	1.40±0.017
F9	62.19±0.28	5.84±0.027	1.16±0.004

 Table 4: In vitro permeation rate profiles of F5 and plain

 drug solution through guinea pig skin

Formulation	Cumulative drug release	Flux (µg/cm²/hr)	Permeability coefficient (×10 ⁻³) (cm/hr)
Proniosomal gel (F5)	760.53±0.72	7.94±0.39	1.58±0.07
Drug solution	319.35±1.68	3.53±0.07	0.70±0.01



Figure 2: Photomicroscope of hydrated proniosome formulation (F5) under ×40

indicate heterogeneity so; vesicles can be considered as monodisperse (homogeneous).^[17]

Differential scanning calorimetry

Differential scanning calorimetry thermograms of GRA HCl, span 60, empty and drug loaded niosomes are illustrated in Figures 4-7, respectively. GRA HCl, span 60 showed endothermic peak at 311.74, 58.64°C respectively, corresponding to their near melting temperatures. DSC thermogram of drug free niosomes showed the appearance of a new broad endothermic peak at 133.46°C indicating the inter-action between the molecules of span 60, cholesterol and soya lecithin. However, thermogram of GRA HCl loaded niosomes revealed a disappearance of the characteristic endothermic peak, and the endotherm of the niosome was

Table 5: Vesicle size analysis of proniosomes (F5)

Parameter	Result
Diameter (d)	536.8 nm
Polydispersity index (P. I.)	0.250
Diffusion cont. (D)	9.163e-009 cm ² /sec

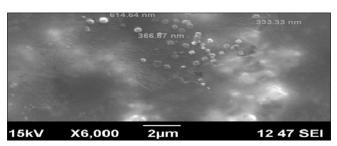


Figure 3: Scanning electron micrographs of niosomes after hydration of proniosome (F5)

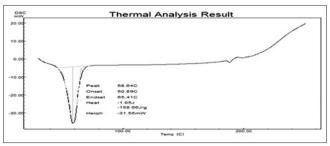


Figure 5: Differential scanning calorimetry thermogram of span 60

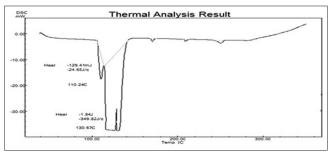


Figure 7: Differential scanning calorimetry thermogram of proniosomal gel with drug (F5 batch)

shifted from 133.46°C to a new peak at 130.67°C and 110.24°C. These results suggest the dispersion and entrapment of GRA HCl into the bilayers of niosomal vesicles.^[17]

Stability study

The optimized proniosomal formulae F5 were sealed in 30 ml clear glass vials and kept for stability study at refrigeration temperature ($4^{\circ}C \pm 2^{\circ}C$), room temperature ($25^{\circ}C \pm 2^{\circ}C$), and hot condition ($45^{\circ}C \pm 2^{\circ}C$). After 7, 15, 30, 60, 90 days, hydration step was carried out and the EE of each sample was determined and compared to the freshly prepared proniosomes derived niosomes [Table 6 and Figure 8]. The stability study indicates that the formulations are most stable at $4^{\circ}C$ and with minimum leakage.

Statistical analysis of data

The 3^2 full factorial design was selected to study the effect of independent variables span 60 (X1) and cholesterol (X2)

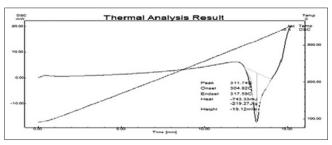


Figure 4: Differential scanning calorimetry thermogram of granisetron hydrochloride

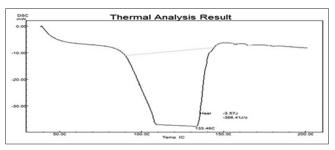


Figure 6: Differential scanning calorimetry thermogram of proniosomal gel without drug (F5 batch)

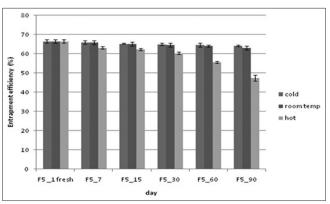


Figure 8: Stability study

on dependent variables EE and flux. The response data was analyzed by using Stat Ease Design Expert 7.1.6 software (Minneapolis, MN, USA). Summary of statistical design and responses shown in Tables 7 and 8, respectively. The results were shown in the Tables 9 and 10.

P < 0.05 indicated significance of the model terms. Analysis of variance indicated that the developed models were significant for each considered response.

The three-dimensional response plots were constructed from quadratic model obtained through Design Expert software in

Table 6: Stability study analysis						
Days	Cold	Room temp	Hot			
F5_1 fresh	66.50±0.09	66.5±0.09	66.50±0.09			
F5_7	65.96±0.22	65.83±0.19	63.13±0.06			
F5_15	65.22±0.02	65.07±0.09	62.22±0.11			
F5_30	64.93±0.06	64.52±0.10	60.36±0.20			
F5_60	64.55±0.09	64.08±0.05	55.68±0.05			
F5_90	64.20±0.03	63.04±0.14	47.38±0.44			

which the responses were represented by bars as a function of independent variables as shown in the Figures 9 and 10. The relationship between the response and independent variables can be directly visualized from the response plots.^[21]

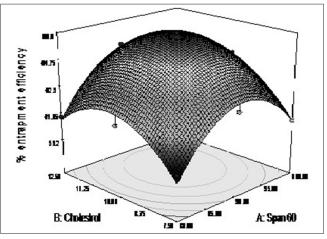


Figure 9: Three-dimensional response plots for drug entrapment efficacy

Table 7: S	Table 7: Summary of statistical design										
Factor	Name	Name Units	Туре	Actual values		Coded values					
				Lowest	Highest	Lowest	Highest				
A	Span 60	Mg	Numerical	80	100	-1	+1				
В	Cholesterol	Mg	Numerical	7.5	12.5	-1	+1				

Table 8: Summary of responses

Response	Description	Units	Obs.	Analysis	Min	Max	Mean
Y1	Entrapment	%	9	Polynomial	59.76	66.57	63.165
Y2	Flux	(µg/cm²/hr)	9	Polynomial	4.94	7.94	6.44

Table 9: Analysis of variance for drug entrapment

Source	Sum of squares	Degrees of freedom	Mean square	<i>F</i> value	P value	Significance
Model	38.83	5	7.77	14.77	0.0283	Significant
A-span-60	3.99	1	3.99	7.58	0.0705	
B-Cholesterol	4.33	1	4.33	8.25	0.0640	
AB	0.087	1	0.087	0.17	0.7114	
A ²	19.28	1	19.28	36.68	0.0090	
B ²	11.14	1	11.14	21.19	0.0193	
Residual	1.58	3	0.53			
Cor total	40.41	8				

Table 10: Analysis of variance for drug permeation (Flux)

Source	Sum of squares	Degrees of freedom	Mean square	<i>F</i> value	P value	Significance
Model	7.10	5	1.42	9.59	0.0460	Significant
A-span-60	0.66	1	0.66	4.45	0.1252	
B-Cholesterol	0.69	1	0.69	4.64	0.1202	
AB	0.0025	1	0.0025	0.017	0.9048	
A ²	3.49	1	3.49	23.60	0.0166	
B ²	2.25	1	2.25	15.23	0.0299	
Residual	0.44	3	0.15			
Cor total	7.54	8				

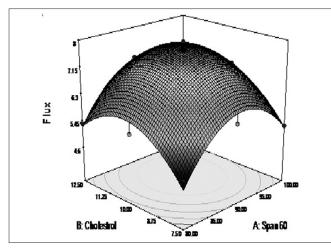


Figure 10: Three-dimensional response plot for flux

CONCLUSION

Proniosomal TDD of GRA HCl was prepared. Formulation was optimized by use of 3^2 factorial design. Two independent variables span 60, cholesterol were selected for study, while EE and flux as dependent variables. F5 batch show maximum entrapment (66.57% \pm 0.20%) and flux (7.94 \pm 0390 µg/cm²/h). Comparative *in vitro* drug release study of plain drug solution and drug in proniosomal gel form (F5 batch) was carried out for 48 h on guinea pig skin. It was found that cumulative release and flux of proniosomal gel was nearly two times more than drug solution containing same drug concentration. Finally, it was concluded that GRA HCl can be successfully formulated in proniosomal TDDS, which achieve prolonged controlled drug release.

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